

## SCHOOL HEALTH ADVISORY COUNCIL (SHAC)

### *Minutes 5/20/25*

In Attendance: N'dea Brown, Ava Chakra, Traci Colley, Wendy Duemmler, Judith Garcia, Kasha Giddins, Elizabeth Griffin, Denise Lamar, Amy McAteer-Jones, Jarrod McCraw, Jessica Naito, Christina Neal, Wendy Nielsen, Ashley Ponscheck, Christine Skrutowski, Dylan Stamey, Stephanie Starr, Susannah Stone-Gill, Belle Walker, Charlee Williams, Simone Wilson.

- 3:00 pm- meeting opened on 5-20-25. Minutes from 3-18-25 were approved.
- Wendy Nielsen, Director of Nursing, facilitated meeting and introduced Jessica Naito, parent representative for SHAC.
- No updates reported on the following goals:
  - Goal 1- Community Collaborative regarding Drug/Tobacco Vaping and Substance Use Disorder
  - Goal 2- Establish and strengthen mental health support for UCPS student population. Goals to increase Mental Health Therapists, Social Workers, and expand teletherapy, and crisis response team efforts
- Simone Wilson, Clinical Dietician/Marketing Specialist for UCPS School Nutrition, reviewed the 2025 Triennial Assessment. Every local educational agency that participates in the National School Breakfast/Lunch Program must conduct an assessment of their Wellness Policy every 3 years. The assessment has two main parts: Assessment of the Wellness Policy and Assessment of Implementation of the Wellness Policy.  
The results of the Assessment of the Wellness Policy:
  - 1) No decrease in any score compared to 2022 and an increase of 20 points in comprehensiveness and 10 points in strength.
  - 2) Two federal requirements were missing where the following wording needs to be added to the Wellness Policy:
    - a) Protection of the privacy of students who qualify for free and reduced meals
    - b) Regulation of foods and beverages served at class parties and school celebrations in elementary schools.  
The results of the Practice/Implementation of the Wellness Policy:
  - 1) Overall increase in score by 3 points
  - 2) Two federal requirements were missing in the implementation of the Wellness Policy:
    - a) All food and beverages sold in the school stores during the school day need to meet Smart Snack standards
    - b) All food and beverages sold for fundraising purposes to be consumed during the school day need to meet Smart Snack standards
- General Discussion- A great deal of federal funding has been lost for the NC Tobacco and Prevention Control Branch. They have furloughed 9 staff members and some services will be reduced. They still have JUUL funding support for some programs and there are Healthy Community funds that can help towards tobacco initiatives.
- SHAC meeting dates for the 2025/2026 school year: In person- 9/16/25;  
Virtual-11/18/25,3/17/26, 5/19/26
- Meeting adjourned.